

# SEPTEMBER 2022

## Caston School Corporation

### BREAKFAST



**School Information:** K-12 Breakfast \$3.00 Pay  
\$.30 Reduced



**September is National Biscuit Month.** Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY



Excellent Egg Taco with Salsa

1

Graham Snacks

Kiwi or Fruit Juice

Milk

Biscuits & Gravy

Fruit Juice  
Milk

2

**Labor Day**

5

Assort Cereal  
Sausage Patty  
Diced Pears  
Fruit Juice  
Milk

6

Jumbo Breakfast Muffin  
Mandarin Oranges  
Fruit Juice  
Milk

7

Comet Granola Bar  
Apricot Halves  
Fruit Juice  
Milk

8

Biscuits & Gravy  
Fruit  
Fruit Juice  
Milk

9

French Toast Sticks  
w/Syrup  
Fresh Grapes  
Fruit Juice  
Milk

12

Oatmeal Breakfast Round  
Yogurt Cup  
Strawberries & Bananas  
Fruit Juice  
Milk

13

Bagel with Toppings  
Apples  
Fruit Juice  
Milk

14

Quick Blueberry Bubble  
Bread  
Mandarin Oranges  
Fruit Juice  
Milk

15

Biscuits & Gravy  
Fruit  
Fruit Juice  
Milk

16

Assorted Pop Tarts  
String Cheese  
Oranges  
Fruit Juice  
Milk

19

Pancake on a Stick  
Fruit Cocktail  
Fruit Juice  
Milk

20

Breakfast Pizza  
Sliced Peach  
Fruit Juice  
Milk

21

Sausage Breakfast  
Pineapple Chucks  
Fruit Juice  
Milk

22

Biscuits & Gravy  
Fruit  
Fruit Juice  
Milk

Mini Waffles w/Syrup  
Fresh Pineapple  
Fruit Juice  
Milk

26

Pancakes  
Sausage Patty  
Tropical Fruit  
Fruit Juice  
Milk

27

Bagel with Toppings  
Strawberries  
Fruit Juice  
Milk

28

Breakfast Pizza  
Sliced Pears  
Fruit Juice  
Milk

29

Biscuits & Gravy  
Fruit  
Fruit Juice  
Milk