



School Information:

The Alternate is only offered to Jr/Sr High Students. Your student will NEVER be turned away from a meal. We only turn away for extras or ala carte items.



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Vegetable Soup, Pretzels (9-12), Red Bell Pepper Strips, Sliced Cucumbers, Fresh Peaches, Cinnamon Roll, Canned Fruit (9-12), and Milk **1**

Alternate: Popcorn Chicken

Chicken Nuggets, WW Roll, Mashed Potatoes & Gravy, Tossed Salad, Sliced Pears, Fresh Fruit Choice (9-12), and Milk **2**

Alternate: Bosco Stick w/Marinara

Baked Ham, Biscuit w/Jelly, Apple Glazed Potatoes, Green Beans, Fresh Grapes, Honey Apple Crisp (9-12), Canned Fruit (6-12), and Milk **3**

Alternate: Grilled Chicken Snd

Macaroni & Cheese, Meatballs, WW Bread & Jelly (6-12), Baked Beans, Baby Carrots, Apple Salad, Canned Fruit (6-12), and Milk **4**

Alternate: Pepperoni Pizza

Pig In A Blanket, Roasted Red Potatoes, Broccoli w/Cheese, Fresh Apple Slices, Canned Fruit (6-12), and Milk **7**

Alternate: Peanut Butter & Jelly Snd

Chicken Tacos, Spanish Rice, Shredded Romaine, Diced Tomatoes, Sauteed Zucchini, Tropical Fruit, Cookie (9-12), Fresh Fruit (6-12), and Milk **8**

Alternate: Hot Ham & Cheese Snd

Spaghetti w/Meat Sauce, Garlic Bread, Garden Salad, Peas, Mandarin Oranges, Canned Fruit (6-12), and Milk **9**

Alternate: Hamburger on Bun

Taco Salad, Tortilla Chips, Red Bell Pepper Strips, Refried Beans, Shredded Romaine, Watermelon, Cinnamon Puff (9-12), and Milk **10**

Alternate: Yogurt & Blueberry Oat Muffin Plate

Chicken & Noodles, WW Roll w/Honey (6-12), Mashed Potatoes, Baby Carrots, Fresh Grapes, Fruit (6-12), and Milk **11**

Alternate: Turkey & Cheese Sub

Mini Meatball Sub, Ranch Potato Wedges, Tossed Salad, Fresh Peaches, Canned Fruit (6-12), and Milk **14**

Alternate: Fruit, Yogurt, and Granola Parfait

BBQ Chicken, WW Roll, Baked Beans, Creamy Cole Slaw, Baby Carrots, Apricot Halves, Canned Fruit (6-12), and Milk **15**

Alternate: Popcorn Chicken

Corn Dog, Cherry Tomatoes, Cucumber Slices, Banana, Canned Fruit (6-12), and Milk **16**

Alternate: Nacho Chips w/ Cheese

Biscuits & Gravy, Sausage Patty (6-12), Sugar Snap Peas, Hash Brown Patty, Plums, Canned Fruit (6-12), and Milk **17**

Alternate: Pepperoni Pizza

Cheese Pizza, Broccoli, Garden Salad, Citrus Fruit, Canned Fruit (6-12), and Milk **18**

Alternate: Grilled Chicken Snd

Chicken Nuggets, Mashed Potatoes, Gravy, Corn, Apple Slices, Canned Fruit (6-12), and Milk **21**

Alternate: Peanut Butter & Jelly Snd

Café Thanksgiving Meal
Roasted Turkey, Dressing, Sweet Potatoes, Green Bean Casserole, Pumpkin Dessert, and Milk **22**

Alternate: NONE

Thanksgiving Break No School **23**

Thanksgiving Break No School **24**

Thanksgiving Break No School **25**

BBQ Pork Rib on a Bun, Tossed Salad, Cherry Tomatoes, Ranch, Potato Wedges, Apple, Canned Fruit (6-12), and Milk **28**

Alternate: Peanut Butter & Jelly Snd

Comet Cavatini, Bread Stick, Seasoned Corn, Garden Salad, Oranges, Canned Fruit (6-12), and Milk **29**

Alternate: Taco Bowl

Pepperoni Pizza, Broccoli Florets, Goldfish Crackers, Fresh Fruit Choice, Canned Fruit (6-12), and Milk **30**

Alternate: Hamburger on Bun



• Menu is subject to change due to product availability