

# AUGUST 2022

## Caston School Corporation

### LUNCH



#### School Information: K-5 \$3.50 Pay

6-12 \$3.75 Pay

\$.40 Reduced K-12

Alternates are offered to 6-12 as Over vs Serve



**August is National Panini Month!** A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to find your perfect panini!



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1

2

3

4

5

8

9

10

11

12

Hot Dog on Bun, Potato Wedges, Broccoli w/Cheese, Fresh Apples, Canned Fruit (6-12) and Milk

15

6-12 Alternate: PBJ Sandwich

Chicken Tenders, Spanish Rice, Zucchini, Tropical Fruit, Oatmeal Cookie (6-12), Fresh Fruit (6-12), and Milk

16

6-12 Alternate: Chicken Taco

Spaghetti w/ Meat Sauce, Garlic Bread, Garden Salad, Peas, Mandarin Oranges, Canned Fruit (6-12), and Milk

17

6-12 Alternate: Hamburger on Bun

Taco Salad w/Tortilla Strips, Red Bell Pepper Strips, Refried Beans, Romaine Lettuce, Watermelon, Cinnamon Puff (6-12), Canned Fruit, and Milk

18

6-12 Alternate: Yogurt Fruit Parfait

Chicken & Noodles, Roll (6-12), Mashed Potatoes, Fresh Baby Carrots, Grapes, Fresh Fruit (6-12), and Milk

19

6-12 Alternate: Turkey & Cheese Snd

Meatball Sub, Ranch Potato Wedges, Tossed Salad, Fresh Peach, Canned Fruit (6-12), and Milk

22

6-12 Alternate: Blueberry Muffin with Yogurt Cup

BBQ Chicken w/Dinner Roll, Baked Beans, Cole Slaw, Baby Carrots, Apricots, Fresh Fruit (6-12), and Milk

23

6-12 Alternate: Popcorn Chicken w/Roll

Mini Corndogs, Cherry Tomatoes, Cucumber Slices, Banana, Canned Fruit (6-12), and Milk

24

6-12 Alternate: Pretzel w/Cheese

Cheese Pizza, Broccoli Florets, Baby Carrots, Citrus Cup, Canned Fruit (6-12), and Milk

25

6-12 Alternate: Chicken Sandwich

Orange Flavored Chicken, White Oriental Melody, Fortune Cookie, Mandarin Oranges, Canned Pineapple (6-12), and Milk

26

6-12 Alternate: Pepperoni Pizza

BBQ Pork Sandwich, Green Lettuce Leaf & Tomato Slice, Sweet Potato Fries, Canned Fruit (K-12), and Milk

29

6-12 Alternate: PBJ Sandwich

Chicken Nuggets, Pretzels, Green Beans, Strawberries, Canned Fruit (6-12), and Milk

30

6-12 Alternate: Bosco Stick w/Cheese

Hamburger on Bun, Peas, Tater Tots, Fruit Cocktail, Snickerdoodle Cookie, Fresh Fruit (6-12), and Milk

31

6-12 Alternate: Calzone

