



School Information: Alternates are only available to Jr/Sr High and Staff. Please make sure your students meal account is in the positive before our school year ends. *Menu Subject To Change



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday

Chicken Nuggets, Steamed Vegetables, Fresh Fruit, Mashed Potatoes, Gravy, and Milk **3**

Alternate: Fruit Yogurt Parfait

Hot Dog on a Bun, French Fries, Baked Beans, Fresh Fruit, and Milk **10**

Alternate: Cheese Pizza

Chicken Alfredo, Bread Stick, Mixed Vegetables, Fresh Fruit, and Milk **17**

Alternate: Fruit Yogurt Parfait

Baked Chicken Drumstick, Baked Beans, Coleslaw, Fresh Fruit, and Milk **24**

Alternate: Cheese Pizza

31

Tuesday

Pepperoni Pizza, Garden Salad, Fruit, Cookie, and Milk **4**

Alternate: Grilled Chicken Snd

Bosco Stick with Marinara Sauce, Garden Salad, Fresh Fruit, Dessert, and Milk **11**

Alternate: Spicy Chicken Snd

Cheeseburger on Bun, Lettuce Leaf, Tomato Slice, Pickle, Roasted Fries, Fruit Cup, Dessert, and Milk **18**

Alternate: Loaded Oven Fries

Comet Bowl, Fruit, Cookie, and Milk **25**

Alternate: Brunch Snd

Wednesday

Hamburger on the Bun, Lettuce Leaf, Tomato Slice, Oven Fries, Fruit, and Milk **5**

Alternate: Shredded BBQ Pork Snd

Chicken Patty Sandwich, Mashed Potatoes, Gravy, Corn, Fruit Cup, and Milk **12**

Alternate: Peanut Butter & Jelly Sandwich

Chicken Tenders, Mac & Cheese, Jell-O, Cucumber Slices w/ Ranch, and Milk **19**

Alternate: Shredded BBQ Pork Snd

Cooks Favorite! **26**

Thursday

Calzone, Toss Salad, Peas, Fresh Fruit, and Milk **6**

Alternate: Taco Stix

Ravioli, Garlic Toast, Italian Salad, Fresh Fruit, Baby Carrots, Grape Tomatoes, Brownie, and Milk **13**

Alternate: Grilled Chicken Snd

Taco Salad, Fruit, and Milk **20**

Alternate: Deli Sandwich with Chips

Cooks Favorite! **27**

Friday

Deli Sandwich Sack Lunch with Milk **7**

Alternate: Peanut Butter & Jelly Snd

NO SCHOOL

14

Sausage Pizza, Garden Salad, Grapes, Cookie, and Milk **21**

Alternate: Peanut Butter & Jelly

ENJOY SUMMER VACATION! **28**

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